Master Brent Hess





Brent Hess is the current Leader and Owner of MiKiDo Inc. Master Hess holds a 5th Degree Black Belt in MiKiDo. Alumni from Florida Atlantic University, Master Hess has a Business and Marketing Degree. He currently coaches the MiKiDo Amateur Competition Team. He has extensive knowledge of Martial Arts & Fitness since he has been training from an early age. As a leader, Brent Hess works extensively on developing, executing, and managing various fitness, self- defense, and Empowerment programs throughout the community.

National and International competitor with an

impressive record of 14-0 in Kickboxing and 10-1 in MMA.

Achievements:

- Small Business of the Year Award November 2012
- ISCF USA MMA Champion
- 3-time Operation Octagon MMA Champion
- WKA North American MMA Champion
- 3-Time IKF USA National Kickboxing Champion
- North American Kickboxing Champion competition record: 14 wins – 0 losses Wrestling Tournament Champion, Spartan Classic



Life as a Champion





























